

**DAYTON/MIAMI VALLEY  
SENIOR OLYMPICS  
Presents the  
2009 DAYTON AREA  
SENIOR OLYMPICS**

**In cooperation with the  
Cincinnati Recreation Commission's  
2009 Southwest Ohio Senior Olympics  
An annual athletic competition for women and men age 50 or older**

***GOLD MEDAL SPONSORS***



Miami Valley Hospital  
Good Samaritan Hospital  
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**ST. LEONARD**

A FRANCISCAN LIVING COMMUNITY



Altrusa Club of Dayton

**DAYTON/MIAMI VALLEY SENIOR OLYMPICS IS A MEMBER  
OF THE OHIO SENIOR OLYMPICS, INC. AND  
THE NATIONAL SENIOR GAMES ASSOCIATION**

**FEE: \$17.00 by March 27 for Cincinnati events  
and May 1 for Dayton events**

**LATE FEE: \$25.00 by April 3 for Cincinnati events  
and May 8 for Dayton events**

**Call (937) 277-0465**

**Leave a message and someone will get back to you within 24 hrs.**

**Current information and results postings available at [www.keysports.net](http://www.keysports.net)**

## SCHEDULE OF EVENTS

**Note to Athletes:** As you notice on the front cover the Dayton Area Senior Olympics is being conducted in cooperation with the Cincinnati Recreation Commission's Southwest Ohio Senior Games. Those events moving to Cincinnati are so noted. You can sign up for any of the events on the enclosed entry form for the on time fee of \$17.00.

### DAYTON EVENTS

<b>Wednesday, May 13</b>	<b>TABLE TENNIS</b> Lohrey Center, 2366 Glenarm Avenue, 333-3131 Play begins at 12 noon for all age groups Event Coordinator – John Dichiaro	
<b>Thursday, May 14</b>	<b>BOWLING – Singles</b> Woodman Lanes, 3200 Woodman Drive, 293-3179 Additional fee of \$3.00 payable at Lanes Event Coordinators – Barb Self and Mary Leonard	Report at 8:30 a.m. Play begins 9:00 a.m.
<b>Friday, May 15</b>	<b>BOWLING – Doubles</b> Woodman Lanes, 3200 Woodman Drive, 293-3179 Additional fee of \$3.00, payable at Lanes <b>BOWLING – Mixed Doubles</b> Event Coordinators – Barb Self and Mary Leonard	Report at 8:30 a.m. Play begins 9:00 a.m. Play begins at 1:00 p.m.
<b>Friday, May 15</b>	<b>SHUFFLEBOARD</b> Lathrem Senior Center/Kettering Recreation Center 2900 Glengarry Dr.	Report at 9:30 a.m. Play begins at 10 a.m.
<b>Friday, May 15</b>	<b>MIXED DOUBLE TENNIS and DOUBLES TENNIS</b> Kennedy Park, next to Polen Farm in Kettering 5073 Bigger Road Call 277-0465 after May 12 for match time	Play begins at 9:00 a.m.
<b>Saturday, May 16</b>	<b>TENNIS SINGLES</b> Kennedy Park, next to Polen Farm in Kettering 5073 Bigger Road Call 277-0465 after May 12 for match time	Play begins at 9:00 a.m.
<b>Saturday, May 16</b>	<b>HORSESHOES</b> VFW Post 5434 116 N. Main Street Union, Ohio Event Coordinator – Dave Emrick	Report at 9:30 a.m.    Play begins 10:00 a.m. Go north on Route 48 (off of I-70), continue north about 3 miles, through Englewood to Union
<b>Saturday, May 16</b>	<b>BADMINTON</b> Sinclair Community College, Building 8 – PAC	Report at 2:30 pm Play begins at 3:00 p.m.
<b>Saturday, May 16</b>	<b>CELEBRATION OF ATHLETES DINNER/HALL OF FAME INDUCTION CEREMONY</b> St. Leonard Senior Living Community, 8100 Clyo Road, 6:30 p.m. – Dinner, Hall of Fame, entertainment (see enclosed flier) Cost \$7.00/person, payable with entry (see registration form)	

## DAYTON EVENTS CONTINUED

**Sunday, May 17**      **TRACK AND FIELD**      Report at 8:30 a.m.  
Welcome Stadium, 1601 Edwin Moses Blvd.  
50m Dash                      8:45 a.m.              Javelin/Discus              9:00-11:00 a.m.  
1500m Race Walk              9:00 a.m.              Shot Put/Long Jump      9:00-11:00 a.m.  
400m Run                      9:30 a.m.              High Jump                  9:00-11:00 a.m.  
100m Dash                      10:00 a.m.              Softball Accuracy        9:00-10:00 a.m.  
1500m Run                      10:30 a.m.              Football Accuracy        9:00-10:00 a.m.  
200m Dash                      11:00 a.m.              Softball Distance        10:00-11:00 a.m.  
800m Run                      11:30 a.m.              Football Distance        10:00-11:00 a.m.  
Track awards will be presented at mid field 30 minutes after each event  
Event Coordinator – Ray Olfky, 435-2633  
Field awards will be presented at mid field beginning at 11:30 a.m.  
Event Coordinator – Ed Jones

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**Monday, May 18**      **GOLF**      Shotgun start 9:00 a.m.  
Pipestone Golf Course  
4344 Benner Road  
Additional fee of \$26.00 that includes cart payable at course

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**Saturday, May 23**      **5K RACE**      Report no later than 8:00 a.m.  
VA Center Freedom Run 5K  
Dayton Veterans Administration Center  
4100 West Third Street and Gettysburg Avenue in Dayton, Ohio. From I75 take  
SR 35 west to the Liscum Drive exit and the gate is a short way down the street.  
You can also enter from Gettysburg Ave  
Senior Olympic entrants will only need to register on the enclosed SO entry  
form. We will ensure you are registered in the VA 5K

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## CINCINNATI EVENTS

**Saturday, April 18**      **BASKETBALL - 3 on 3**      10:00 a.m.  
College Hill Recreation Center, 5545 Belmonte Avenue  
Cincinnati, OH  
Captains must complete a roster form. You will be notified of game schedule  
Free throw and spot shot will be held prior to the 3 on 3 competition

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**Saturday, April 18**      **VOLLEYBALL – Men and Women**      9:00 a.m.  
College Hill Recreation Center, 5545 Belmonte Avenue  
Cincinnati, OH  
Captains must complete a roster. You will be notified of game schedule

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**Saturday, April 25**      **CYCLING – 20K**      9:00 a.m.  
**Saturday, May 2**      **CYCLING – 1 mile, 5K, 10K**      9:00 a.m.  
Mt. Airy Forest (Colerain entrance)  
Cincinnati, OH  
No fixed-gear bicycles, approved cycling helmets required

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**Sunday, May 3**      **SWIMMING**      8:00 a.m. Warm-up begins  
Mason Community Center      9:00 a.m. Events begin  
6050 Mason Montgomery Road  
Mason, OH

**Dayton/Miami Valley Senior Olympics**  
**c/o Peggy Collins**  
**3833 Hillmont Ave.**  
**Dayton, OH 45414**

### **ADDITIONAL IMPORTANT INFORMATION**

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**REGISTRATION DEADLINE** – If you meet the on time deadline of March 27 for Cincinnati and May 1 for Dayton, you will receive a confirmation that your registration has been received. If you meet the late registration deadline of April 3 for Cincinnati and May 8 for Dayton, you may **not** receive confirmation of your registration. Please assume you have been entered in the events you selected. Report 30 minutes prior to the scheduled start of your event. Please keep this schedule of events for future reference. On-line registration is available through [www.keysports.net](http://www.keysports.net)

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**AGE GROUPS:** It may be necessary, at times, to schedule competition outside of age groups however, awards will always be presented within the age categories indicated. Dayton/Miami Valley Senior Olympics reserves the right to cancel events due to a low number of participants.

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**STATE AND NATIONAL GAMES** - The Dayton Area Senior Olympics is a great way to practice for the Ohio Senior Olympics ([www.ohioseniorolympics.org](http://www.ohioseniorolympics.org)) which will be held in northeast Ohio (Youngstown/Akron area). The tentative dates are, July 4- July 18, 2009. Olympians must qualify at the State level in 2010 to participate in the National Senior Games ([www.nationalseniorgames.org](http://www.nationalseniorgames.org)) in Houston, TX in 2011

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**HALL OF FAME** – Nominations are being accepted for induction into the Dayton/Miami Valley Senior Olympics Hall of Fame. A nomination form is enclosed. It must be returned by April 17, 2009. An induction ceremony will take place at the Celebration of Athletes Dinner on Saturday, May 16 at the St. Leonard Senior Living Community. There are many individuals deserving of this honor, please nominate them. All past inductees are invited to attend.

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**RESULTS** – Event results and other Dayton Area Senior Olympics information can be accessed at [www.keysports.net](http://www.keysports.net)

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**QUESTIONS** - Call the Dayton/Miami Valley Senior Olympics Coordinator, 937-277-0465

**2009 DAYTON/MIAMI VALLEY SENIOR OLYMPICS  
OFFICIAL ENTRY FORM**

Please print clearly and be sure to sign the liability waiver on the back of this form

Name \_\_\_\_\_ E-mail \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ County \_\_\_\_\_

Age (as of Dec. 31, 2009) \_\_\_\_\_ Birthdate \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

Teeshirt size Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ X Large \_\_\_\_\_ XX Large \_\_\_\_\_

**Events in Dayton - Place an X before the events you wish to enter**

**Deadline for Dayton events is May 1**

**Badminton**

\_\_\_ Singles  
\_\_\_ Doubles \_\_\_\_\_  
\_\_\_ Mixed doubles \_\_\_\_\_

**Bowling**

\_\_\_ Singles  
\_\_\_ Doubles \_\_\_\_\_  
\_\_\_ Mixed doubles \_\_\_\_\_

**Horseshoes**

\_\_\_ Singles

**Shuffleboard**

\_\_\_ Singles  
\_\_\_ Doubles \_\_\_\_\_

**Golf**

\_\_\_ 18 Holes Play with \_\_\_\_\_

**Track and Field**

\_\_\_ 50m dash  
\_\_\_ 100m dash  
\_\_\_ 200m dash  
\_\_\_ 400m dash  
\_\_\_ 800m dash  
\_\_\_ 1500m run  
\_\_\_ 1500m race walk  
\_\_\_ Softball accuracy  
\_\_\_ Softball distance

\_\_\_ High jump  
\_\_\_ Long jump  
\_\_\_ Shot put  
\_\_\_ Discus  
\_\_\_ Javelin  
\_\_\_ Football accuracy  
\_\_\_ Football distance

**Tennis or Table Tennis**

\_\_\_ Singles  
\_\_\_ Doubles \_\_\_\_\_  
\_\_\_ Mixed doubles \_\_\_\_\_

\_\_\_ **5K Race**

**Events in Cincinnati - Place an X before the events you wish to enter**

**Deadline for Cincinnati events is March 27**

**Basketball**

\_\_\_ Men's 3 on 3  
\_\_\_ Women's 3 on 3  
Team Name \_\_\_\_\_  
Captain \_\_\_\_\_  
\_\_\_ Free Throw  
\_\_\_ Spot Shot

**Volleyball**

\_\_\_ Men's Volleyball  
\_\_\_ Women's Volleyball  
Team Name \_\_\_\_\_  
Captain \_\_\_\_\_

**Cycling**

\_\_\_ 1 Mile \_\_\_ 5 K \_\_\_ 10 K \_\_\_ 20 K

**Swimming**

You may choose up to 8 events

\_\_\_ 200 yd freestyle  
\_\_\_ 50 yd Butterfly  
\_\_\_ 200 yd Backstroke  
\_\_\_ 100 yd Breaststroke

\_\_\_ 50 yd Freestyle  
\_\_\_ 100 yd IM  
\_\_\_ 50 yd Backstroke  
\_\_\_ 100 yd Butterfly

\_\_\_ 100 yd Freestyle  
\_\_\_ 50 yd Breaststroke  
\_\_\_ 100 yd Backstroke  
\_\_\_ 500 yd Freestyle

**REGISTRATION FEE IS NON-REFUNDABLE**

REGISTRATION FEE BY MARCH 27 or MAY 1, 2009 \$17.00 \_\_\_\_\_  
(Cincinnati) (Dayton)  
LATE REGISTRATION FEE BY APRIL 3 or MAY 8, 2009 \$25.00 \_\_\_\_\_  
(Cincinnati) (Dayton)  
CELEBRATION OF ATHLETES DINNER \$7.00/person # \_\_\_\_ \_\_\_\_\_ Guest \_\_\_\_\_  
See enclosed flyer  
**TOTAL ENCLOSED** \_\_\_\_\_  
(Make checks payable to Dayton/Miami Valley Senior Olympics)

Sign the liability waiver below and return this form with payment to:

**Dayton/Miami Valley Senior Olympics**  
**c/o Peggy Collins**  
**3833 Hillmont Avenue**  
**Dayton, Ohio 45414**

**LIABILITY WAIVER**

IT IS STRONGLY URGED THAT INDIVIDUALS ONLY PARTICIPATE IN THOSE EVENTS FOR WHICH THEY ARE IN GOOD PHYSICAL CONDITION TO TAKE PART. IT IS STRONGLY RECOMMENDED THAT PARTICIPANTS CONSULT THEIR PHYSICIAN REGARDING PRACTICE, PREPARATION AND COMPETITION IN THE SENIOR OLYMPICS PROGRAM.

I, the undersigned participant, hereby release, acquire, discharge, indemnify and hold harmless Dayton/Miami Valley Senior Olympics, Sinclair Community College, City of Dayton Recreation and Youth Services, Altrusa Club of Dayton, St. Leonard Senior Living Community, Premier Health Partners and any other organization to be added as a sponsor and hereinafter referred to as sponsors, their agents, employees, representatives, volunteers, officers, directors and assigns from any and all actions or claims, of whatsoever kind of nature which I or my representatives or assigns may have, or at any time in the future have, as a result of any injury, physical or mental, arising out of my participation in the Dayton Area Senior Olympics.

I warrant and represent to the sponsors that I have prepared myself for the events which I have entered by practicing the same prior to my participation in the Dayton Area Senior Olympics. I warrant and represent that I am in good physical health and condition and I am physically able to compete in the events I have selected. I know of no physical restrictions, whatsoever, which would prohibit my participation in the events that I have selected. I have been advised by the sponsors that it would be in my best interest to consult a physician prior to my preparation for the Dayton Area Senior Olympics. I recognize and understand that the preparation and competition may necessitate strenuous physical activity, and could possibly activate an unrecognized preexisting disorder which I may have, thereby resulting in serious or life threatening harm to me.

Dayton/ Miami Valley Senior Olympics has my permission to have a physician treat me during my participation in the Dayton Area Senior Olympics. I grant the Dayton/Miami Valley Senior Olympics and sponsors of the Dayton Area Senior Olympics the right to use my name and any pictures taken of me during the 2009 Dayton Area Senior Olympics without any remuneration.

Signature \_\_\_\_\_ Date \_\_\_\_\_

EMERGENCY CONTACTS 1 \_\_\_\_\_ Phone \_\_\_\_\_  
(please print)

2 \_\_\_\_\_ Phone \_\_\_\_\_

**Dayton/Miami Valley Senior Olympics  
Hall of Fame  
Nomination Form**

*Dedicated to outstanding people in Dayton/Miami Valley Senior Olympics Competition*

Date Submitted \_\_\_/\_\_\_/\_\_\_

Person Nominated: \_\_\_\_\_

Birth Date: \_\_\_/\_\_\_/\_\_\_

Nominees Address: \_\_\_\_\_

Phone : \_\_\_\_\_

\_\_\_\_\_

Nominated By: \_\_\_\_\_

Day Phone : \_\_\_\_\_

Address: \_\_\_\_\_

Eve Phone: \_\_\_\_\_

\_\_\_\_\_

**Nominee Information**

List the participation and/or awards record of the nominee including years, if known  
Attach additional pages, if needed

<b>National Level:</b> _____ _____ _____ _____
<b>State Level:</b> _____ _____ _____ _____
<b>Local Level (Dayton):</b> _____ _____ _____ _____ _____

Return completed form to: Dayton/Miami Valley Senior Olympics  
c/o Peggy Collins  
3833 Hillmont Avenue  
Dayton, OH 45414

Deadline for 2009 nominations is April 17, 2009

**National Games**

**Saint Louis (1987,1989) Syracuse (1991) Baton Rouge (1993) San Antonio (1995) Tuscon (1997)  
Orlando (1999) Baton Rouge (2001) Hampton Roads (2003) Pittsburgh (2005) Louisville (2007)**

**BE SURE TO ATTEND THE  
CELEBRATION OF ATHLETES DINNER**

**SATURDAY, May 16, 2009**

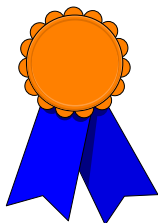
**6:30 P.M.**

**St. Leonard**

**Senior Living Community**

**8100 Clyo Rd**

**Centerville, Oh 45458**

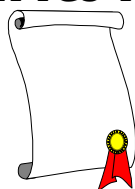


**FOR ONLY \$7.00/PERSON  
ENJOY DINNER, ENTERTAINMENT**

**And the  
DAYTON/MIAMI VALLEY  
SENIOR OLYMPICS  
HALL OF FAME INDUCTIONS**

**SIGN UP ON THE REGISTRATION FORM  
SEND PAYMENT WITH YOUR ENTRY**

**DAYTON /MIAMI VALLEY  
SENIOR OLYMPICS HALL OF FAME**



***Nominations are now being accepted  
Help Honor the Accomplishments  
Of Individuals***

***Who Have Supported Senior Olympics and/or  
Performed Well on all Levels of Competition***

*Nominations must be sent to the Senior Olympics Coordinator by April 17, 2009*

*Nomination form on back of page*